



SEC 1 EXPRESS

END-OF-YEAR EXAMS 2017

PREPARATION PACKAGE

(Updated on 01 Sep 2017)

How to Prepare for the Exams

Preparing myself Academically

Make a plan

- Using Assessment (MYE, Class Tests) to decide what to focus on.
 - Assessment is more than just a number. Assessment provides us information on what we need to do next.
 - Look through your past assessments and to pick out topics and skills that needs to improve before he can do better.

- Study Plan
 - With consideration of your weak areas and using a checklist. You can do a simple study plan.
 - A study plan is important because you have limited time left and a plan will help to utilize the time efficiently and also to help prioritize.
 - Tips on how to do an effective Study plan:
 - Specific – Indicate the specific chapter and or sub-topic.
 - Outcomes – Must have clear observable outcomes. i.e. Written answers, mind maps, notes, essays, etc.
 - Realistic – Don't over plan. Allow for a 10% buffer time.

- Positive Monitoring
 - Monitor your progress daily
 - If you are having problems following the plan, discuss with your teacher/parents/friend the obstacles that is preventing you to accomplish the revision planned.
 - If there is need, modify the study plan accordingly.

Learning effectively and efficiently

- Active Learning
 - Learning is most effective if there are tangible outcomes. (Notes, Mind Maps, Practice papers, etc)
 - Ensure that you check your answers immediately after you have completed the practice.
 - Learn from your mistakes.

- Seeking Help
 - If you are looking for a teacher for help, it would be more effective for you to compile a list of queries to ask instead of just waiting for instruction from the teacher.
 - Small focused study groups can also help you seek answers from your peers.
 - If you are shy, you can look for your teachers in small groups.

Effective Learning Environment

- Remove all distractions from the study area. This includes Mobile Phones, Laptops, Story Books, etc.
- Comfortable, but not too comfortable. A comfortable chair with a firm back. Don't study on the bed or sofa.
- Study area should be brightly lit. Use white lighting instead of warm lighting. Warm lighting is bad for the eyes and it will make you drowsy.
- Ensure that all resources (textbook, notes, assessment book) for the subject is within reach.
- Take regular breaks. Every 1-2 hours. (Take a walk, take a shower, have a snack BUT don't use your phone)

Being Healthy makes you learn better

- Drink lots of water. You need to stay hydrated to be alert and awake.
- Exercising will keep the mind active and it releases endorphins which will help you stay positive. You can just exercise 10-15 minutes a day.
- Ensure that you have sufficient sleep. Do not study through the night. You will be inattentive in school the next day. Sleep deprivation also impacts memory, perception and judgement. 7-8 hours a day will be appropriate for a 13-16 year olds.
- Ensure that you have regular sleeping times. This is to help you remain alert during the day. This is especially important during the examination period.
- Snacking does helps to give energy boosts and keeps alert. However ensure that the snacks are healthy (Fish, nuts, berries, seeds, etc)
- Have a large and healthy breakfast. Breakfast provides a boot to ensure that you are not lethargic during the day.

The reason most people never reach their goals is that they don't define them, or ever seriously consider them as believable or achievable. Winners can tell you where they are going, what they plan to do along the way, and who will be sharing the adventure with them. ~**Denis Watley**

Ever with the Best

--CWSS Academic Committee

Subject	English Language
Day / Date	Paper 1: Fri 29 Sep Paper 2: Fri 29 Sep Paper 3: Thurs 5 Oct
Time	Paper 1: 0800 - 0950 Paper 2: 1050 - 1240 Paper 3: 1100 - 1145
Duration	Paper 1: 1h 50m Paper 2: 1h 50m Paper 3: 45m
Marks	Paper 1: 70marks Paper 2: 50marks Paper 3: 30marks
Format & Scope	Paper 1: Writing Section A - Editing, Situational Writing, Continuous Writing Paper 2: Comprehension Section B - Visual Text, Narrative Text Comprehension, Non-narrative text comprehension Paper 3: Listening Comprehension

Subject	Mathematics
Day / Date	Paper 1: Wed 04 Oct Paper 2: Fri 06 Oct
Time	Paper 1: 0800 - 0930 Paper 2: 0800 - 0930
Duration	Paper 1: 1h 30m Paper 2: 1h 30m
Marks	Paper 1: 60 marks Paper 2: 60 marks
Format	Paper 1: 18-19 Short Questions, Calculators allowed; Paper 2: 6-7 Long Questions, Calculators allowed
Scope	Paper 1 & Paper 2: Chapter 1 to 15

Subject	Science
Day / Date	Thurs 5 Oct
Time	0800 - 1000
Duration	2h
Marks	100 marks
Format	Section A (30 marks): MCQ Section B (40 marks): structured questions Section C (30 marks): free response questions
Scope	<u>Physics Topics (30 m):</u> 1) The Scientific Endeavour 2) Physical properties of Matter 3) Interaction through Forces 4) Energy & Work Done <u>Biology Topics (70 m):</u> 1) Cells 2) Transport System in organism 3) Human Digestive System 4) Understanding diversity of organism 5) Interactions within Ecosystem 6) Human Sexual reproductive System

Subject	Literature
Day / Date	Tues 03 Oct
Time	0800-0930
Duration	1h 30m
Marks	50m
Format	All questions are compulsory. Section A: Poetry Unseen Poem (short answer questions (10m) and open-ended question (10m)) Section B: Prose Bridge to Terabithia (Passage-based question (2 parts, 20marks) and open-ended question, 10m)
Scope	Poetry & Prose (Bridge to Terabithia) - literary devices, characterisation, theme and plot

Subject / Code	History
Day / Date	Wed 04 Oct
Time	10.30 - 12.00
Duration	1hr 30m
Marks	35
Format	Section A: Source Based Questions (20 marks) Skills: Inference and Comparison Section B: Structured Essay Question (15 marks) Students are required to answer 3 5-mark questions.
Scope	Lower Secondary Syllabus Sec 1 Textbook: Chapter 3 & 4 Sec 2 Textbook: Chapter 5

Subject	Geography
Day / Date	Tues 03 Oct
Time	1030 - 1200
Duration	1h 30m
Marks	40
Format	Section A - Short Answer Questions [10 marks] Section B - 2 Structured Questions [30 marks]
Scope	Map Reading Skills TRF - TB p. 75 - 105 Water Supply - TB p. 130 - 135, 150 - 170

Subject	Chinese Language / Malay Language / Tamil Language
Day / Date	Thurs 28 Sep
Time	Paper 1: 0800 - 0930 Paper 2: 1100 - 1230
Duration	Paper 1: 1h 30m Paper 2: 1h 30m
Marks	Paper 1: 60 marks Paper 2: 70 marks
Format	Paper 1: Part 1- Email Writing, Part 2- Essay Writing Paper 2: Language Use and Comprehension
Scope	Format on Email Writing Narrative Essay Language Usage Comprehension Skills

Subject	Higher Chinese / Higher Malay / Higher Tamil
Day / Date	Thurs 28 Sep
Time	Paper 1: 0800 - 1000 Paper 2: 1100 - 1245
Duration	Paper 1: 2h Paper 2: 1h 45m
Marks	Paper 1: 80 marks Paper 2: 80 marks
Format	Paper 1: Part 1- Email Writing, Part 2- Essay Writing Paper 2: Language Use and Comprehension
Scope	Format on Email Writing Narrative Essay Language Usage Comprehension Skills