# PROTECT YOURSELF AND YOUR LOVED ONES AGAINST DENGUE.

ESPECIALLY IF YOU ARE LIVING IN A DENGUE CLUSTER.



# WHY USE INSECT REPELLENT?

Dengue is transmitted to healthy people through the bite of the infected female *Aedes* mosquito. Using insect repellent safely and effectively can protect you from mosquito bites—and therefore the Dengue virus.

## How should I apply repellent?

- Always check the manufacturer's instructions on the repellent's label, and apply or reapply accordingly.
- If you have never used a particular repellent before, test it on a small area of skin to ensure there is no allergic reaction.

#### How effective is my repellent?

- Repellents containing DEET, picaridin or IR3535 as the active ingredient are effective and safe.
- Natural repellents (e.g. essential oils like citronella and eucalyptus) vary in effectiveness with each individual and usually need more frequent application.

If you are a suspected or confirmed Dengue patient, you are advised to apply repellent to protect others around you from getting infected.

### DO NOT LET YOUR GUARD DOWN. CONTINUE TO DO THE MOZZIE WIPEOUT.





















